

FRISTADS®



2023

Size guide – workwear

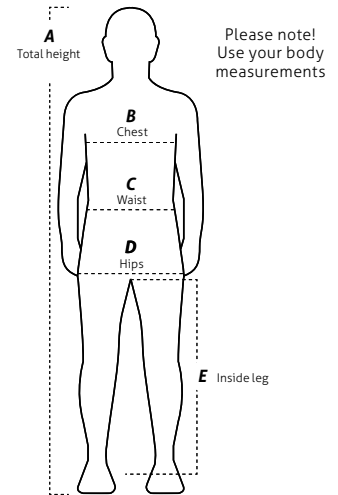
Starting from your own body size, compare to the tables to find the correct size. Choose the table matching your height (A).

The tables for women's garments only apply for garments for woman, otherwise, the tables for men apply. There are separate size tables for Acode.

When buying trousers, measure A, C, D, E and for jackets, measure B (sizes XS-5XL). Measure A, B, D, E for coveralls and, depending on your height, choose regular, long or short in the tables.

Please note!

All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.



Jackets, trousers and coveralls

Men sizes	XS		S		M		L		XL		2XL		3XL		4XL		5XL		
A. Regular (normal waist)* 176-184 cm	C40	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66	* size group regular for coveralls				
A. Tall (normal waist)** 184-192 cm	C144		C146	C148	C150	C152	C154	C156	C158	C160	C162	C164	C166	C168	* size group tall for coveralls				
B. Chest cm	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152
C. Waist cm	68	72	76	80	84	88	92	97	102	108	114	120	126	132	138	144	150	156	162
D. Hips cm	88	91	94	98	102	106	110	114	118	122	126	130	134	138	142	146	150	154	158
E. Regular inside leg cm	80	80	80	80	82	82	82	84	84	84	84	84	84	84	84	84	84	84	84
E. Tall inside leg cm	85		85	87	87	87	87	89	89	89	89	89	89	89	89	89	89	89	89

A. Short (large waist)*** 168-176 cm	D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128	D132	D136
B. Chest cm	84	88	92	96	100	104	108	112	116	120	124	128	132	136
C. Waist cm	78	82	86	90	94	98	103	108	114	120	126	132	138	144
D. Hips cm	93	96	100	104	108	112	116	120	124	128	132	136	140	144
E. Inside leg cm	76	76	76	78	78	78	80	80	80	80	80	80	80	80

*** size group short for coveralls

Women sizes	XS	S		M		L		XL		2XL		3XL		4XL	
A. Regular (normal waist) 164-172 cm		C34	C36	C38	C40	C42	C44	C46	C48	C50	C52				
B. Chest cm	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146
C. Waist cm	63	66	69	72	76	80	84	88	93	99	105	111	117	123	129
D. Hips cm	87	90	93	96	99	102	106	110	115	120	125	130	135	140	145
E. Inside leg cm	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80

Acode

Men sizes	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
	40-42	44-46	48-50	52-54	56-58	60-62	64-66	68-70	72-74	76-78
B. Chest cm	80-84	88-92	96-100	104-108	112-116	120-124	128-132	136-140	144-148	152-156
C. Waist cm	68-72	76-80	84-88	92-97	102-108	114-120	126-132	138-144	150-156	162-168

Women sizes	S	M	L	XL	2XL
	34-36	38-40	42-44	46-48	50-52
B. Chest cm	80-84	88-92	96-100	104-110	116-122
C. Waist cm	66-69	72-76	80-84	88-93	99-106

Inches conversions table

Waist	
Waist inch-size	26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54
Waist cm	66 69 71 74 76 79 81 84 86 89 91 94 96 99 102 104 107 109 112 114 117 119 122 124 127 129 132 134 137
Length	
Inside leg inches	30 32 34
Inside leg cm	76 81 86



Size guide – outdoor

Starting from your own body size, compare to the tables to find the correct size.

Trousers

When buying trousers, measure waist (C), hips (D) and your inside leg length (E).

Jackets

For jackets and hoodies measure your chest (B), for sizes XS-2XL.

Please note

All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.

Men

Size	XS	S	M	L	XL	2XL
Workwear sizes	C44-46	C48	C50	C52	C54	C56-C58
B. Chest cm	84-88	92-96	100-104	108-112	116-120	124-128
C. Waist cm	76-82	82-86	86-90	90-96	96-102	102-108
D. Hips cm	94-100	100-104	104-108	108-112	118	118-122
E. Inside leg cm	83	83	83	83	85	85

Women

Size	XS	S	M	L	XL	2XL
Workwear sizes	C34	C36	C38-C40	C42	C44	C46
B. Chest cm	76-80	80-84	88-92	96-100	104-110	116-122
C. Waist cm	64-68	68-72	72-78	78-82	82-86	86-90
D. Hips cm	89-92	92-96	96-100	101-104	104-108	108-112
E. Inside leg cm	79	81	81	81	83	83

Unisex garment

Size	XS	S	M	L	XL	2XL
Corresponds to Women's	S	M	L	XL	2XL	3XL

